

**SUE MORTON**  
 mortons@trident.school.nz  
 027 227 8507



# TRIDENT HIGH SCHOOL

## HEALTH / HAUORA

### HEALTH / HAUORA ACADEMY / LEVEL 2

The Health Academy is a work based training course where, 16+ year old students, who are interested in leaving school for employment, can apply to train at a local health or social service provider, 3-5 days a week, for the year, to learn relevant health and social service sector skills, and earn NCEA Level 2 credits to pass their year.

Term 1, students will meet with the tutor to learn foundation health and wellbeing theory and skills, as well as visit local service providers to gain a broad understanding of the Health / Hauora care industry.

At the end of term 1, students will apply for consideration for work based training at local social or health service sites (for terms 2 and 3). They will be interviewed by the site, and if chosen will be on-boarded like any new "employee", provided a supervisor for 1:1 on the job support, and be placed within a team to shadow, assist and learn health and wellbeing support skills at the service.

During the two terms of Work Based Training, students and the tutor will meet regularly to review the students learning diary, discuss their growing awareness of client care, answer questions, and ensure students sufficient progress.

Delivery: full year February to the end of October, 5 days a week for Trident High School students, 3 days a week for Area School students, in WHK.

\* A similar course is available in ROT through a partnership with Rotorua Girls' High School.

#### 5 DAYS A WEEK : PROGRAMME FOR TRIDENT HIGH SCHOOL STUDENTS

| UNIT STD | ALLIED TRADES TRAINING AND WORK EXPERIENCE   | LEVEL | CREDITS |
|----------|--|-------|---------|
|          | <b>Client Care and Self Care</b>   |       |         |
| 23451    | Demonstrate knowledge of the role of a support worker in a health or wellbeing setting                 |       | 5       |
| 23686    | Demonstrate knowledge of a person's rights in a health or wellbeing setting                            |       | 2       |
| 28519    | Maintain a safe and secure environment for people and support workers in a health or wellbeing setting |       | 6       |
| 15986    | Demonstrate knowledge of tikanga in relation to rongoā rākau   |       | 2       |
| 15315    | Demonstrate knowledge of personal safety of kaimahi when working with whānau                           |       | 3       |
| 28518    | Interact with people to provide support in a health or wellbeing setting                               |       | 5       |
| 28545    | Apply personal plan requirements to meet the needs of a person in a health or wellbeing setting        |       | 5       |
| 28548    | Support a person's wellbeing and quality of life in a health or wellbeing setting                      |       | 3       |
| 28517    | Recognise and report changes and risks for a person in a health or wellbeing setting                   |       | 5       |
| 28529    | Identify the impact of culture on support in a health or wellbeing setting                             |       | 5       |



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| <b>Work Experience</b>         |  |           |
|--------------------------------|--|-----------|
| 4253                           | Review potential worksites and roles for placement (L2W)                         | 3         |
| 1294                           | Be interviewed at potential worksites (L2W)                                      | 2         |
| 10780                          | Work Experience  | 3         |
| <b>Work Readiness</b>          |  |           |
| 7118                           | Manage own learning in a programme   | 3         |
| 7117                           | Identify factors that can support or create an obstacle to your learning         | 2         |
| 33019                          | Use communication to help you in your role                                       | 3         |
| 10791                          | Participate in team meetings   | 3         |
| 9677                           | Help with a team project   | 3         |
| <b>Employment Skills</b>       |  |           |
| 1759                           | Discomfort and Pain and Injury Prevention, L3                                    | 8         |
| 12349                          | Time Management  | 3         |
| 12352                          | Describe aspects of ones own lineage / whakapapa, heritage and cultural identity | 3         |
| <b>Planning for the Future</b> |  |           |
| 12383                          | Explore Career Options   | 3         |
| 4251                           | Plan a Career Pathway  | 3         |
| 4252                           | Create a CV showcasing your new skills and knowledge                             | 2         |
| 10781                          | Produce a plan for future Directions   | 2         |
| <b>TOTAL CREDIT VALUE</b>      |  | <b>88</b> |

### 3 DAYS A WEEK : PROGRAMME FOR AREA HIGH SCHOOL STUDENTS

| UNIT STD                         | ALLIED TRADES TRAINING AND WORK EXPERIENCE                                      | LEVEL | CREDITS |
|----------------------------------|---|-------|---------|
| <b>Client Care and Self Care</b> |   |       |         |
| 23451                            | Share about your role   |       | 5       |
| 23686                            | Share what your clients rights are  |       | 2       |
| 28519                            | Share how you help to maintain a safe work environment for yourself and clients |       | 6       |
| 15986                            | Demonstrate knowledge of tikanga in relation to rongoā rākau                    |       | 2       |
| 15315                            | Demonstrate knowledge of personal safety of kaimahi when working with whānau    |       | 3       |
| 28518                            | Meet with clients   |       | 5       |
| 28545                            | Create client support plan  |       | 5       |
| 28548                            | Support a clients wellbeing   |       | 3       |
| 28517                            | Report on clients progress  |       | 5       |
| 28529                            | Identify the impact of culture on support in a health or wellbeing setting      |       | 5       |



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|                           | <b>Work Experience</b>   |             |
|---------------------------|--|-------------|
| 4253                      | Review potential worksites and roles for placement                       | 3           |
| 1294                      | Be interviewed at potential worksites                                    | 2           |
| 10780                     | Work Experience  | 3           |
|                           | <b>Work Readiness</b>  |             |
| 7118                      | Manage own learning in a programme                                       | 3           |
| 7117                      | Identify factors that can support or create an obstacle to your learning | 2           |
| 33019                     | Use communication to help you in your role                               | 3           |
| 10791                     | Participate in team meetings   | 3           |
| 9677                      | Help with a team project   | 3           |
| <b>TOTAL CREDIT VALUE</b> |  | <b>2 56</b> |

| UNIT STD                  | ADDITIONAL CREDITS ON OFFER FOR<br>NZ CERTIFICATE IN HEALTH AND WELLBEING                                  | LEVEL    | CREDITS  |
|---------------------------|--|----------|----------|
| 20826                     | Demonstrate knowledge of infection control requirements in a health and/or wellbeing setting.              |          | 3        |
| 23685                     | Demonstrate knowledge of pre-packaged medication and the process for use in a health or wellbeing setting. |          | 2        |
| 23452                     | Demonstrate knowledge of techniques for moving equipment and people in a health and wellbeing setting      |          | 3        |
| <b>TOTAL CREDIT VALUE</b> |  | <b>2</b> | <b>8</b> |

### COURSES PATHWAY TO FURTHER STUDY IN:

Any level 3 course at school. NZ Certificate in Health and Wellbeing, Level 3, at Awanuiarangi or CareerForce.

### TYPES OF EMPLOYMENT THESE COURSES LEAD TO:

Support worker, orderly, allied health administrator, home care, elder care, youth worker, social worker, mental health support worker, health assistant.

